



MIND MATTERS

Panelists include:

Stanley Herring, MD

Seattle Seahawks Team Physician
 Medical Director, UW
 Medicine Sports, Spine
 and Orthopedic Health
 Zackery Lystedt Sports
 Concussion Endowed
 Professorship

Deborah Crawley, CBIS

Executive Director, Brain Injury
 Alliance of Washington

Richard Adler, JD

Chair, Executive Board, Brain
 Injury Alliance of Washington
 Adler Giersch, PS

Special Guest Zackery Lystedt

Concussion Prevention and Traumatic Brain Injury

From youth sports to the professional level, sports-related brain injuries are a serious issue for athletes and their families. Hear a discussion on the prevalence of sports-related concussions and how to protect your athlete.

Doors open at 6:30pm for light refreshments.

Register online at www.kcls.org.

Covington Library, Tuesday, September 29, 7pm

Burien Library, Tuesday, October 6, 7pm

Presented in partnership with:

UW Medicine



Burien Library • 400 SW 152nd Street, Suite 100 • 206.243.3490
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