



Sports Safety Clinic For Parents, Athletes, Coaches & Community

Concussions are brain injuries - even a “ding,” “getting your bell rung” or what may seem to be a mild bump or blow to the head can be serious, even life-threatening.

Sports safety is a shared responsibility; come learn from our experts about concussion prevention, recognition and treatment. Early recognition and proper response to concussions when they first occur can help aid recovery and prevent further injury, or even death. The consequences for just “shaking it off” can be dire. Let’s work together to build a safer sporting environment and culture for our youth athletes.

Featured Speakers

Stanley A. Herring, MD

Physical Medicine & Rehabilitation specialist; Co-Medical Director of the Seattle Sports Concussion Program; Clinical Professor University of Washington and a team physician for the Seattle Seahawks and Seattle Mariners; Member of the NFL Head, Neck and Spine Committee; “Lystedt Law” contributor and advocate

Darin Harris

Former UW Husky Football player who suffered a Traumatic Brain Injury his senior year; former high school Defensive Coordinator and Seattle Seahawks’ intern. Current Board Member - Brain Injury Association of Washington

Zackery Lystedt & his parents, Victor and Mercedes Lystedt

Brain Injury Awareness, Prevention & Safety Advocates; Zack is the inspiration and namesake for the ground-breaking health and safety legislation known as the “Lystedt Law,” that was signed by Governor Gregoire in May 2009

Richard H. Adler, JD

Principal at law firm of Adler Giersch; attorney for Lystedt family; author of “Lystedt Law” legislation; Past President of Brain Injury Association of Washington (BIAWA); and current Chairman of BIAWA Executive Board

Anthony Green

Director, Public Policy for Safe Kids Worldwide; worked in senior roles in the Congress, at the U.S. Embassy in Rome, as a “founding father” of the National Constitution Center and an award-winning reporter for Philadelphia magazine

This free clinic is sponsored by the Brain Injury Association of Washington State, brought to you by Safe Kids Eastside Coalition - proudly led by EvergreenHealth, and hosted by the Northshore School District.

**Tuesday,
August 27, 2013
6-9 p.m.
Free**

Location

Woodinville High School Theater
19819 136th Ave NE
Woodinville, WA 98072

Parking

Free parking is available

Registration

Space is limited. Pre-registration is not required, but is appreciated.

Email your name and/or questions to:
SafeKidsEastside@evergreenhealth.com

Refreshments will be served.

